



Mpumalanga Trout Country



ENTRY FORM

Surname: _____ First name(s): _____

ID number: _____

Address: _____

Email address: _____

Club: _____

Tel no (H): _____ (W): _____

Cell no: _____

2019 ASA Licence number: _____ Age: _____

(✓Tick if applicable)

		DISTANCE		PRICE		TEMP LICENCES	
FEMALE		21 km		R200		R 10	
		15 km		R170		R 10	
MALE		10 km		R120		R 10	
		4.9 km		R50		-	
TOTAL				R		R	

Cut off will be at 11.30 for all races.

I undertake to abide by all ASA and Athletics Mpumalanga House rules. The race will be run according to the rules of ASA. Referee's decision is final. Obey all race marshals. The race will be run according to the rules of the IAAF and ASA. No seconding will be allowed. Ages: Athletes for **10km must be 14 yrs.** or older on the day of the race, **15km must be 15 yrs.** or older on the day of the race, **21km must be 16 yrs.** or older on the day of the race. All athletes will participate at their own risk. Proof of age (ID) available on request on race day. Registered athletes must wear club colours. 2019 Licence number: on front & back of the vest. Race number: on front of the vest. Temp licence: on back of vest. No music or headphones/earphone of any form allowed during the race. No littering. Video & photos of the race may be used by the organisers. Tear off slip must be completed. I declare that I run at my own risk and indemnify organisers and sponsors of any responsibility for injury or loss.

Signature _____

Date _____

Pre-Shirt Orders CLOSE 10 November 2019 – online or run@elandskloof.co.za.

RUN PRE-ENTRIES CLOSE 10 November 2019

www.enter.entryninja.com/events/47462-elandskloof-trail-run

PRIZE GIVING @ 10am for everyone - NO CASH PRIZES

Hampers/Vouchers to Winners – 1st & 2nd Male/Female of each distance

Medals for all finishers

PLEASE HAVE ENTRY FORM AND PROOF OF PAYMENT AVAILABLE

WHEN COLLECTING RACE NUMBER